

Tame Tummy Cramps The Natural Way



Looking for a natural remedy for discomfort caused by stomach cramps, indigestion, gas and **medically diagnosed IBS**?

Look no further than **Natralia Crampeze Stomach Cramps**.

Containing natural ingredients, **Natralia Crampeze Stomach Cramps works using a multi active approach** to provide relief from and help to reduce the symptoms of stomach cramps, gas, wind, flatulence and medically diagnosed IBS, provides temporary relief for stomach cramps, colic and indigestion, relaxes nerve and muscle tissue and helps to ease spasms and cramps, while providing magnesium and calcium supplementation.

Each tablet contains: Fennel (Foeniculum vulgare) fruit extract 113.64 mg equivalent to 500mg dried herb, Chamomile (matricaria recutita) flower extract 375 mg equivalent to 1.5g dried herb, Calcium hydrogen phosphate 215.15 mg equivalent to elemental calcium 50 mg, Magnesium phosphate 121 equivalent to elemental magnesium 25 mg, Peppermint oil (Mentha piperita) 50 mg

***Chamomile** - Provides rapid relief of cramps, spasm and colic of the stomach and intestines.

***Fennel** - Relieves indigestion, flatulence, digestive spasm, stomach cramps and colic.

***Peppermint** - Is an excellent carminative, having a relaxing effect on the muscles of the digestive system, and combats flatulence. It is used to relieve intestinal colic, flatulent dyspepsia and associated conditions.

***Magnesium** - Helps to relax nerve and muscle tissue which helps ease spasm and cramps.

Dosage: Take two tablets with water as required, up to 3 times daily.

Always read the label and use as directed. If symptoms persist consult a healthcare practitioner.

About Stomach Cramps

Stomach Cramps covers a variety of symptoms including Indigestion, wind and Irritable Bowel Syndrome. Indigestion is characterised by pain near the breastbone, nausea or bloating. Indigestion occurs when your stomach produces excess acid, usually as a result of eating spicy, rich or fatty foods, wearing tight clothing, consuming alcohol or caffeine, smoking, stress, pregnancy or eating too quickly. Wind is caused by excessive amounts of gases or air in the stomach or intestine. It can lead to distension of the organs and general discomfort. Symptoms include bloating, flatulence and burping. You can get wind pain from eating too quickly, swallowing air and drinking carbonated liquids. Irritable Bowel Syndrome is known as a functional disorder commonly characterised by abdominal pain or frequent bowel movements, diarrhoea or constipation.

Natralia Crampeze Stomach Cramps is available in 30s

Natralia Crampeze Stomach Cramps is stocked at pharmacies, health food stores and supermarkets nationally.

For stockist details contact Brands Worldwide on 1300 5555 97.

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