

Exsqueeze me!

Most individuals are surprised to learn they are not alone when it comes to frequent tummy rumbles and bottom burps. In fact, the cause of some gastric disruptions is not known.

The good news is, **Crampeze Stomach Cramps** has been formulated to provide relief of some of these conditions, including symptoms/pain/discomfort associated with gastritis, symptomatic relief of non-specific dyspepsia and medically diagnosed IBS and helps relieve indigestion/heartburn/reflux.

Gastritis is commonly known as an inflammation or irritation of the lining of the stomach. Irritable Bowel Syndrome (IBS) for example, affects approximately 10-15% or more of the general population and is the most common disease diagnosed by gastroenterologists and one of the most common disorders seen by GPs.

Indigestion, also known as upset stomach or dyspepsia, is discomfort or a burning feeling in the upper abdomen, often accompanied by nausea, abdominal bloating, belching, and sometimes vomiting. The term indigestion is sometimes used to describe the symptom of heartburn.

For some, these disruptions occur from simple things such as eating too much, eating too quickly, eating high-fat foods, or eating during stressful situations. Gas is produced in the intestines by the process of digestion. With age, enzyme levels may decrease and flatulence and bloating may increase. Some individuals produce gas that has no odour, but as for the rest...

Crampeze Stomach Cramps contains dry extracts from the flowers of chamomile and fruit of Fennel, which gives rapid relief of cramps, spasm and colic of the stomach and intestines. And the addition of Peppermint oil, an excellent digestive aid, also helps eliminate wind, flatulence and provides symptomatic relief of medically diagnosed IBS.

Most importantly, **Crampeze PMT Cramps** provides 30% RDI of Calcium and 37.5% RDI of Magnesium, when the maximum daily dosage is taken.

For best results, **Crampeze Stomach Cramps** should be taken 2 times with water as required, up to 3 times daily.

Crampeze Stomach Cramps contains no preservatives or artificial colours, and is yeast, gluten and milk free – therefore suitable for vegans and vegetarians.

Crampeze Stomach Cramps is available in selected Supermarkets, Pharmacies & Health Food Stores Australia & New Zealand wide.

Media Enquiries

Sofie Camili +61 2 9693 6508

sofiecamili@brandsworldwide.com.au